



# GIRL POWER: FEELING GOOD ABOUT YOURSELF BECAUSE OF YOU!

*For ages 12-17*

## TOPICS OF INTEREST:

- ◇ WHAT IS SELF-ESTEEM?
- ◇ R-E-S-P-E-C-T TO YOURSELF AND OTHERS.
- ◇ MAKING HEALTHY CHOICES THAT IMPACT YOUR BODY IMAGE
- ◇ GETTING WHAT YOU WANT WITHOUT BEING BOSSY
- ◇ BEING CONFIDENT WITHOUT “BRAGGING”

THE GROUP WILL BEGIN ON **TUESDAY SEPTEMBER 9TH, 2008** AND RUN FOR A TOTAL OF **4 WEEKS** FROM **6:00PM-7:00PM**. LOCATION: 11565 PEARL RD., SUITE 200, STRONGSVILLE. PLEASE RSVP BY **FRIDAY SEPTEMBER 5TH**, TO (440) 846-0862.

**KRISTIN E. WEBB, LISW-S** IS THE LEADER OF THIS GROUP. KRISTIN IS A LICENSED INDEPENDENT SOCIAL WORKER AND SHE HAS EXTENSIVE EXPERIENCE WORKING WITH CHILDREN AND ADOLESCENTS ON IMPROVING SELF-ESTEEM AND SOCIAL SKILLS.

[WWW.AVENUESOFCOUNSELING.COM](http://WWW.AVENUESOFCOUNSELING.COM)