

Avenues of Counseling and Mediation, LLC presents

Growing Up Too Fast

A workshop for parents of elementary school- aged girls who are concerned about the influence of the media and popular culture on their daughters

Topics to be discussed include:

- *Increasing parent awareness to the subtle (and not so subtle) ways girls are sexualized by television, movies, toys, music, internet, and pop culture*
- *Tools parents can use to gain confidence in helping little girls stay little, a little longer*

This workshop is facilitated by Kristine Nickel Gayle, MSSA, LISW. Kristine specializes in working with individuals, couples, and families, and she has a special interest in issues confronting women and girls.

The cost for the workshop is \$70 per household

CALL FOR DATES BEING OFFERED

330-650-4423

Avenues Hudson Office, 77 Milford Drive, Suite 218